

What is BTEC Sport?

BTEC Sport is a vocational course that teaches students the knowledge required to pursue a career in sport. Students will also develop the skills for a range of sport-related pathways from sports coaching to personal fitness training. BTEC Sport combines a range of practical and theoretical concepts for those enthused by PE and Sport.

What skills will learners develop?

- The different types of physical activity and providers, the needs of participants, barriers to participation and ways to overcome these barriers.
- Equipment and technology required to take part in sport is also included.
- Learners will also develop an applied understanding of physiology and anatomy as they learn how to plan and deliver a warm-up to prepare participants to take part in sport and physical activity
- The components of fitness and how they are used in different types of sport
- Practical participation in sport and the rules and regulations in sport and ways to improve other participants' sporting performance through planning and delivery of sports drills and conditioned practices.

What content will be taught?

Component 1: Preparing Participants to Take Part in Sport and Physical Activity

Component 2: Taking Part and Improving Other Participants Sporting Performance

Component 3: Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity

How will I be assessed?

The BTEC Tech Award in Sport is assessed both internally and externally. Components 1 & 2 are internally assessed with a variety of tasks for pupils to complete. These will be externally moderated. Component 3 is an externally assessed written exam unit. Components 1 & 2 are weighted at 30% each and component 3 is weighted at 40%.

How can I support my studies at home in relation to BTEC Sport?

Researching the wealth of careers that you can pursue from studying BTEC is important. In addition, participating/spectating and enjoying sport and physical activity outside of school can assist you in understanding the rules the importance of leading a healthy active lifestyle

What college courses and career pathways does this qualification compliment?

The BTEC Tech Award in Sport compliments the following college courses:

- A-Level PE
- BTEC Level 3 in Sport
- BTEC Level 3 in Sport, Fitness & Personal Training
- BTEC Level 3 in Sport and Exercise Science
- BTEC Level 3 in Sport Coaching & Development
- BTEC Level 3 in Sport and Outdoor Activities
- BTEC Level 3 in Sporting Excellence and Performance

The BTEC Tech Award in Sport compliments the following career pathways:

- PE Teacher
- Sports Coach
- Physiotherapist
- Sports Development Officer
- Sports Journalist
- Personal Training
- Sports Official (i.e. football referee)
- Sports Massage Therapist
- Dietician/Nutritionist



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