

WEEK 1 THIS WEEK'S MENU






















	OPTION ONE	OPTION TWO	GRAB & GO
MON	NOODLE BAR SATAY CHICKEN PHO 🍷	NOODLE BAR SPICED VEGETARIAN PHO 🌱 🍷	HOT DISHES: Paninis Pasta and Sauces Freshly Baked Pizza Soup and Bread Jacket Potato and Toppings SALADS: Tuna and Sweetcorn Pasta Salad 🍷 Pesto Pasta Salad 🌱 🍷 Tuna and Sweetcorn Pasta Salad 🍷 SANDWICHES/BAGUETTES: Egg Salad Sandwich 🌱 Chicken Salad Sandwich Cheese and Pickle Baguette 🌱 Tuna Mayo Baguette BLT Baguette WRAPS: Pepper and Houmous Wrap 🌱 BBQ Chicken Wrap Chicken Caesar Wrap
TUE	BURGER BAR BEEF BURGER Served with Baked Garlic and Herb Wedges and Corn on the Cob	BURGER BAR BEETROOT AND FETA BURGER 🌱 🍷 Served with Baked Garlic and Herb Wedges and Corn on the Cob	
WED	ROAST PORK AND STUFFING Served with Roast Potatoes, Vegetables and Gravy	HOT DELI STICKY BBQ QUORN PITTA 🌱	
THURS	STREET CHICKEN KATSU 🍷 🌱 Served with Wholegrain Rice and Nut Free Satay Sweetcorn	STREET MACARONI CHEESE 🌱	
FRI	FRIDAY FAVOURITES SOUTHERN FRIED CHICKEN GOUJONS with Chips, Baked Beans and Peas	FRIDAY FAVOURITES VEGGIE BURGER 🌱 Served with Chips, Baked Beans and Peas	

🌱 Vegetarian 🌱🌱 Vegan 🐟 Oily Fish 🌾 Wholegrain 🍷 Nutritionist's Choice
 Our menu is subject to change.

WEEK 2 THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
MON	SPICE IS NICE	SPICE IS NICE	HOT DISHES: Paninis Pasta and Sauces Freshly Baked Pizza Soup and Bread Jacket Potato and Toppings SALADS: Tuna and Sweetcorn Pasta Salad 🍷 Pesto Pasta Salad 🌿 🍷 Roasted Indian Chickpea Salad 🌿 🍷 SANDWICHES/BAGUETTES: Egg Salad Sandwich 🌿 Chicken Salad Sandwich Cheese and Pickle Baguette 🌿 Tuna Mayo Baguette BLT Baguette WRAPS: Pepper and Houmous Wrap 🌿 BBQ Chicken Wrap Chicken Caesar Wrap
	CHICKEN TIKKA RICE BOX	SPINACH AND CHICKPEA DAHL 🌿 🍷 Served with Yellow Rice	
TUE	TEX MEX	TEX MEX	
	MEXICAN BEEF ENCHILADA Served with Baked Garlic and Herb Wedges and Tex Mex Vegetables	VEGETABLE FAJITA 🌿 🍷 Served with Baked Garlic and Herb Wedges and Tex Mex Vegetables	
WED	HOT DELI	HOT DELI	
	ROAST GAMMON BAGUETTE Served with Roast Potatoes and Gravy	PERSIAN VEGETABLE PITTA 🌿 🍷	
THURS		PAN-ASIAN	
	COTTAGE PIE 🍷 Served with Vegetables and Gravy	SOYA YAKISOBA 🌿 🍷	
FRI	FRIDAY FAVOURITES		
	SOUTHERN FRIED CHICKEN GOUJONS Served with Chips, Baked Beans and Peas	KOREAN BBQ QUORN SUB 🌿 Served with Chips, Baked Beans and Peas	

WEEK 3 THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
MON	FEASTIVAL	FEASTIVAL	HOT DISHES: Paninis Pasta and Sauces Freshly Baked Pizza Soup and Bread Jacket Potato and Toppings SALADS: Tuna and Sweetcorn Pasta Salad  Pesto Pasta Salad   Roasted Indian Chickpea Salad   SANDWICHES/BAGUETTES: Egg Salad Sandwich  Chicken Salad Sandwich Cheese and Pickle Baguette  Tuna Mayo Baguette BLT Baguette WRAPS: Pepper and Houmous Wrap  BBQ Chicken Wrap Chicken Caesar Wrap
	JERK CHICKEN BURGER Served with Baked Spiced Wedges and Mixed Salad	TIGER BHAJI BURGER   Served with Baked Spiced Wedges and Mixed Salad	
TUE		PAN-ASIAN	
	BUTTER CHICKEN    Served with Wholegrain Rice	SWEET AND SOUR VEGETABLES    Served with Pineapple Rice and Nut Free Satay Sweetcorn	
WED	HOT DELI	HOT DELI	
	PERSIAN CHICKEN KEBAB Served with Herby Diced Potatoes and Mixed Salad	STICKY BBQ PITTA  Served with Herby Diced Potatoes and Mixed Salad	
THURS	STREET	STREET	
	FIRECRACKER BEEF	TERIYAKI VEGETARIAN WRAP    Served with Wholegrain Rice	
FRI	FRIDAY FAVOURITES	FRIDAY FAVOURITES	
	SOUTHERN FRIED CHICKEN GOUJONS with Chips, Baked Beans and Peas	VEGETABLE GOUJONS  Served with Chips, Baked Beans and Peas	