

### What is BTEC Sport?

BTEC Sport is a vocational course that teaches students the knowledge required to pursue a career in sport. Students will also develop the skills for a range of sport-related pathways from sports coaching to personal fitness training. BTEC Sport combines a range of practical and theoretical concepts for those enthused by PE and Sport.

### What skills will learners develop?

- The different types of physical activity and providers, the needs of participants, barriers to participation and ways to overcome these barriers.
- Equipment and technology required to take part in sport is also included.
- Learners will also develop an applied understanding of physiology and anatomy as they learn how to plan and deliver a warm-up to prepare participants to take part in sport and physical activity
- The components of fitness and how they are used in different types of sport
- Practical participation in sport and the rules and regulations in sport and ways to improve other participants' sporting performance through planning and delivery of sports drills and conditioned practices.

### What content will be taught?

Component 1: Preparing Participants to Take Part in Sport and Physical Activity

Component 2: Taking Part and Improving Other Participants Sporting Performance

Component 3: Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity

### How will I be assessed?

The BTEC Tech Award in Sport is assessed both internally and externally. Components 1 & 2 are internally assessed with a variety of tasks for pupils to complete. These will be externally moderated. Component 3 is an externally assessed written exam unit. Components 1 & 2 are weighted at 30% each and component 3 is weighted at 40%.

### How can I support my studies at home in relation to BTEC Sport?

Researching the wealth of careers that you can pursue from studying BTEC is important. In addition, participating/spectating and enjoying sport and physical activity outside of school can assist you in understanding the rules the importance of leading a healthy active lifestyle

### What college courses and career pathways does this qualification compliment?

The BTEC Tech Award in Sport compliments the following college courses:

- A-Level PE
- BTEC Level 3 in Sport
- BTEC Level 3 in Sport, Fitness & Personal Training
- BTEC Level 3 in Sport and Exercise Science
- BTEC Level 3 in Sport Coaching & Development
- BTEC Level 3 in Sport and Outdoor Activities
- BTEC Level 3 in Sporting Excellence and Performance

The BTEC Tech Award in Sport compliments the following career pathways:

- PE Teacher
- Sports Coach
- Physiotherapist
- Sports Development Officer
- Sports Journalist
- Personal Training
- Sports Official (i.e. football referee)
- Sports Massage Therapist
- Dietician/Nutritionist



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