

WEEK 1 MENU

CHOICE *One*

CHOICE *Two*

GRAB & GO *options*

	SPICE IS NICE	SPICE IS NICE
MON	Chicken Tikka Masala 🍷 🌿 Served with Wholegrain Rice and Spiced Cauliflower	Catalan Spiced Bean and Potato Stew ♻️ 🍷 Served with Herb Dumpling and Spiced Cauliflower
	BURGER BAR	BURGER BAR
TUE	Beef Burger Served with Baked Garlic and Herb Wedges and Corn on the Cob	Veggie Burger ♻️ Served with Baked Garlic and Herb Wedges and Corn on the Cob
	CLASSICS	CLASSICS
WED	Honey Roast Gammon Baguette Served with Roast Potatoes and Roasted Autumn Vegetables	Macaroni Cheese ♻️
		STREET
THUR	Cottage Pie 🍷 Served with Vegetables and Gravy	Korean Glazed Quorn Flatbread ♻️ Served with Satay Sweetcorn
	FRIDAY FAVOURITES	
FRI	Southern Fried Chicken Goujons Served with Chips, Baked Beans and Peas	Quorn Sausage Roll ♻️ Served with Chips, Baked Beans and Peas

HOT DISHES:

Paninis
Pasta and Sauces
Freshly Baked Pizza
Soup and Bread
Jacket Potato and Toppings

SALADS:

Tuna and Sweetcorn Pasta Salad 🍷
Pesto Pasta Salad 🌿 ♻️ 🍷
Roasted Indian Chickpea Salad 🍷 ♻️

SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich
Chicken Salad Sandwich
Cheese Baguette ♻️
Tuna Mayo Baguette
BLT Baguette

WRAPS:

Pepper and Houmous Wrap ♻️ 🌿 🍷
BBQ Chicken Wrap 🌿 🍷
Chicken Caesar Wrap 🌿 🍷

WEEK 2 MENU

CHOICE *One*

CHOICE *Two*

GRAB & GO *options*

	CLASSICS	CLASSICS
MON	Sausage and Mash Served with Vegetables and Gravy	Vegetarian Sausage and Mash ♻️ Served with Vegetables and Gravy
	FEASTIVAL	FEASTIVAL
TUE	Chilli Beef Cheese Nachos 🌿 Served with Salad	Rajasthani Red Lentil Curry ♻️ 🌿 🍷 Served with Wholegrain Rice
		HOT DELI
WED	Roast Beef Served with Roast Potatoes, Vegetables and Gravy	Roasted Rainbow Vegetables with Houmous ♻️ 🍷 Served with Flatbread Fingers
	NOODLE BAR	NOODLE BAR
THUR	Chicken Yakisoba Served with Vegetables	Soya Yakisoba ♻️ 🍷 Served with Vegetables
	FRIDAY FAVOURITES	
FRI	Southern Fried Chicken Goujons Served with Chips, Baked Beans and Peas	Cheese and Onion Bake ♻️ Served with Chips, Baked Beans and Peas

HOT DISHES:

Paninis
Pasta and Sauces
Freshly Baked Pizza
Soup and Bread
Jacket Potato and Toppings

SALADS:

Tuna and Sweetcorn Pasta Salad 🍷
Pesto Pasta Salad 🌿 ♻️ 🍷
Roasted Indian Chickpea Salad 🍷 ♻️

SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich
Chicken Salad Sandwich
Cheese Baguette ♻️
Tuna Mayo Baguette
BLT Baguette

WRAPS:

Pepper and Houmous Wrap ♻️ 🌿 🍷
BBQ Chicken Wrap 🌿 🍷
Chicken Caesar Wrap 🌿 🍷

WEEK 3 MENU

CHOICE *One*

CHOICE *Two*

GRAB & GO *options*

	STREET	STREET
MON	Buffalo Chicken Served with Baked Garlic and Herb Wedges, Mixed Salad and Ranch Dressing	Butterbean, Blackbean and Coconut Stew ♻️ ❤️ 🌱 Served with Wholegrain Rice and Mixed Salad
	PAN ASIAN	
TUE	Butter Chicken 🌱 ❤️ Served with Wholegrain Rice	Teriyaki Vegetarian Wrap ♻️ 🌱 ❤️ Served with Satay Sweetcorn
	HOT DELI	
WED	Roast Chicken Served with Roast Potatoes, Vegetables and Gravy	Sticky BBQ Quorn Pitta ♻️ Served with Baked Garlic and Herb Wedges
	ITALIAN	
THUR	Chicken and Broccoli Pie Served with Mashed Potato, Vegetables and Gravy	Vegetarian Lasagne ♻️ ❤️ Served with Garlic and Herb Bread and Mixed Salad
	FRIDAY FAVOURITES	
FRI	Southern Fried Chicken Goujons Served with Chips, Baked Beans and Peas	Vegetable Tikka Sausage Roll ♻️ Served with Chips, Baked Beans and Peas

HOT DISHES:

Paninis
Pasta and Sauces
Freshly Baked Pizza
Soup and Bread
Jacket Potato and Toppings

SALADS:

Tuna and Sweetcorn Pasta Salad ❤️
Pesto Pasta Salad 🌱 ♻️ ❤️
Roasted Indian Chickpea Salad ❤️ ♻️

SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich
Chicken Salad Sandwich
Cheese Baguette ♻️
Tuna Mayo Baguette
BLT Baguette

WRAPS:

Pepper and Houmous Wrap ♻️ 🌱 ❤️
BBQ Chicken Wrap 🌱 ❤️
Chicken Caesar Wrap 🌱 ❤️