

## Departmental Policy – PE (Kit)

The PE Department believes that it is important that all students strive for their personal best. The PE Department form its assessment model around the Physical (Performance skills), Mental (Decision-making, resilience and understanding healthy active lifestyles) and **Social** (Leadership, teamwork and respect) aspects linked to sport and exercise, supporting this through our ethos of 100% participation. This means that for PE lessons, we require the following:

**All students are to have a full and correct PE kit for every lesson.** It is understood that there are occasions when students will be unable to take a full active part in a lesson due to a medical condition or as they recover from illness or injury. When this happens, PE staff endeavour to keep such students as involved as possible so that they can continue their learning alongside their classmates. If a student is injured or unwell, the following procedures should be followed:

- Students must still bring their PE kit along with a note explaining their condition (the note excuses them from the 'physical' aspect of PE).

Their teacher will then discuss what they are able to do. Sometimes, this will involve participating in some of the lessons, and other times, it will involve taking on alternative roles within the lesson, such as leadership, officiating, or evaluating peer performance. Students will change into their PE kit to carry out these jobs.

Where movement is limited, the PE department may provide additional clothing so students are kept warm and dry when not physically active.

What are the benefits of this policy?

- Students are taking responsibility for their learning; by bringing their PE kit and discussing any issues they have with their teacher, we are encouraging a more mature approach to their education.
- All students are participating in the lesson as much as they can, even if they can't do everything.
- All students are in kit for PE, creating a sense of unity; no one stands out as being different. This is the professional image that OSSMA has formed.
- All students are always prepared to go with their class, whether they are indoors or outside.
- All students are involved and contributing to the lesson.
- Different types of learning will occur when you take different roles, such as referee, scorekeeper, etc.

If a student would like the teacher to save any valuables then it is their responsibility to inform the teacher of this at the start of the lesson. The teacher will then store any valuables locked away.

Any lost kit will be kept until the next school holiday and, if not reclaimed by this point, will become a spare department PE kit.

**Kit:**

**Boys:**

- Plain black shorts
- Plain Black football socks
- OSSMA shirt
- OSSMA Rugby top
- If students do want to wear tracksuit bottoms, then these need to be plain black with no stripes
- Trainers

**Girls**

- Plain black shorts
  - Plain Black football socks
  - OSSMA shirt
  - OSSMA Rugby top
  - If students do want to wear tracksuit bottoms, then these need to be plain black with no stripes
  - Students can wear suitable sports leggings if they are plain black
  - Trainers
- Students are advised to wear shin pads for football and hockey.
  - Students are advised to wear a gum shield for hockey and rugby.

**Sanctions:**

- If a student forgets their kit (this is their first time), they will be asked to borrow it, and no detention will be given.
- If a student forgets their kit (and this is not their first time), then they will be asked to borrow from the PE Department and will receive a 20-minute detention
- If a student does not borrow a kit, then they are sent to reset for the lesson and will receive a 20-minute detention.
- Repeat offenders will receive a phone call home from the class teacher
- If students still do not bring a kit, then the Head of PE will request a parental meeting.